

EVSC ELEMENTARY, K-6, K-8 MENU 2019-2020
September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL LABOR DAY	Chicken Patty Sandwich Colossal Crinkle Fries Baked Beans Frozen Juice Cup	Mini Corn Dogs Mashed Potatoes/Gravy Steamed Broccoli Berry Fruit Salad	Pepperoni Pizza Ham & Cheese Wrap Potato Smiles Veggies w/Dip Fresh Fruit	Japanese Chicken Veg. Fried Rice Fortune Cookie Burrito/Salsa Sweet Potato Fries Garden Peas Chilled Pineapple
9	10	11	12	13
BBQ Rib Sandwich Seasoned Potato Wedges Cauliflower w/Cheese Mandarin Oranges	Breakfast for Lunch Mini Blueberry Pancakes Sausage Patty Breakfast Sandwich Tater Tots Mini Carrots/Dip Applesauce	Chicken Bites (Roll-Gr. 6-8 ONLY) Mashed Potatoes w/Gravy Edamame Succotash Fresh Fruit	Cheese Pizza Fiesta Pizza Golden Corn Mixed Green Salad/Dressing Chilled Peaches	Walking Taco Chicken & Cheese Quesadilla Chips/Salsa Fiesta Black Beans Shredded Lettuce & Tomato Salad/Dressing Mixed Fruit Salad
16	17	18	19	20
Hamburger/Cheeseburger Colossal Crinkle Fries Baked Beans Tropical Fruit Salad	Chicken Alfredo/Breadstick Turkey & Cheese on Bun Golden Corn Mixed Green Salad/Dressing Chilled Peaches	Chicken Drumstick/Roll Mashed Potatoes w/Gravy Glazed Carrots Berry Fruit Salad	Pepperoni Pizza Turkey & Cheese Wrap Baby Bakers California Blend Veggies Fresh Fruit	Chili w/ Tostitos Scoops Chili Cheese Dog Seasoned Green Beans Veggies w/Dip Frozen Juice Cup
23	24	25	26	27
Corn Dog Tater Tots Broccoli w/Cheese Sauce Mandarin Oranges	Taco/Chips/Salsa Grilled Cheese Sandwich Refried Beans Shredded Lettuce & Tomato Salad/Dressing Chilled Peaches	Country Baked Steak Dippers/Gravy (Roll - Gr. 6-8 only) Mashed Potatoes w/Gravy Roasted Brussel Sprouts Chilled Pineapple	Cheese Pizza Crispy Chicken Salad/ CROUTONS Golden Corn Cherry Tomatoes/Dip Applesauce	Sack Attack Ham & Cheese on Bun Uncrustable/String Cheese Chips Dragon Punch Fresh Fruit
30	1	2	3	4
Chicken Patty Sandwich Colossal Crinkle Fries Baked Beans Frozen Juice Cup	Pasta w/ Marinara/MaxStick Turkey & Cheese On Bun Seasoned Green Beans Mixed Green Salad / Dressing Chilled Peas	Mini Corn Dogs Mashed Potatoes/Gravy Steamed Broccoli Berry Fruit Salad	Pepperoni Pizza Turkey & Cheese Wrap Potato Smiles Veggies w/Dip Fresh Fruit	Asian Chicken Veg. Fried Rice Fortune Cookie Burrito/Salsa Sweet Potato Fries Garden Peas Chilled Pineapple
<p>Note: Additional Choice every MONDAY: Peanut Butter & Jelly Sandwich (k-5); Peanut Butter & Jelly Sandwich/Cheese Stick (Grades 6-8) Additional Choice every WEDNESDAY: Yogurt/Peanut Butter Graham Bar A choice of 8oz. Fat-Free Chocolate or 8 oz. 1% unflavored milk is offered daily.</p>				
<p>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."</p>				

EVSC "GRAB 'N GO" BREAKFAST MENU – 2019-2020
September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL Labor Day	Turnover (1) *Fruit Choice	Breakfast Bar Choice (1) *Fruit Choice	Mini Blueberry Pancakes (1 pkg) *Fruit Choice	Pancake Poppers (1 pkg) *Fruit Choice
9	10	11	12	13
Muffin Choice (2 oz.) And/Or Cereal Choice (1) *Fruit Choice	Apple Donut Holes (1 pkg) *Fruit Choice	Cinnamon Bun (1) *Fruit Choice	Mini Chocolate Chip French Toast (1 Pkg.) *Fruit Choice	Breakfast Wrap (1) And/Or Cereal Choice (1) *Fruit Choice
16	17	18	19	20
PopTart Choice (1) And/Or Cereal Choice (1) *Fruit Choice	Turnover (1) *Fruit Choice	Breakfast Bread Slice Choice (1) *Fruit Choice	Cinnamon Glazed Pancakes (1 pkg) *Fruit Choice	Pancake Poppers (1 pkg) *Fruit Choice
23	24	25	26	27
Yogurt (4oz.) And/Or Giant Goldfish Graham or Granola (1 Pkg.) *Fruit Choice	Goody Ring (1) *Fruit Choice	NutriGrain Bar Choice (1) And/Or Cereal Choice (1) Shiver Shock Smoothie (8 oz) *Fruit Choice	Mini Cinnis (1 Pkg.) *Fruit Choice	Breakfast Wrap (1) And/Or Cereal Choice (1) *Fruit Choice
30	1	2	3	4
Crunchmania (1 pkg) *Fruit Choice	Turnover (1) *Fruit Choice	Breakfast Bar Choice (1) *Fruit Choice	Mini Blueberry Pancakes (1 pkg) *Fruit Choice	Pancake Poppers (1 pkg) *Fruit Choice
<p>*A daily fruit choice of ½ C chilled or fresh fruit OR ¼ C Dried Fruit is offered in addition to a daily choice of 4 oz. 100% Apple or Orange Juice. A choice of 8 oz. Fat-free Chocolate or 8 oz. 1% unflavored milk is offered daily.</p>				

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EVSC SNACK & PORTION CONTROL MENU 2019 - 2020 - DAYCARE
SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL Labor Day	Cheese Cubes (1 oz.) Giant Goldfish Graham (.9 oz.) Water (12 oz)	Yogurt Crushables (4 oz) Juicy Juice – Orange Tangerine (6 oz)	Cinnamon Chex (1 oz) Milk Choice (8 oz.)	Pretzel Goldfish (.75 oz.) Juicy Juice – Grape (6 oz.)
9	10	11	12	13
WG Nacho Doritos (.75 oz.) Capri Sun – Apple Splash (6 oz.)	Wildberry Muffin (2 oz.) Milk Choice (8 oz.)	Bunny Graham Snacks (1.25 oz.) Juicy Juice-Grape (6 oz.)	Tortilla Chips (1 oz.)/ Salsa Cup (1.5 oz.) Apple Juice (4 oz.)	Goldfish Cheddar Snack Mix (.75 oz.) Water (12 oz.)
16	17	18	19	20
WG Cheez-its (.75 oz.) Capri Sun – Apple Splash (6 oz.)	Yogurt Crushables (4 oz.) Juicy Juice – Orange Tangerine (6 oz.)	Chocolate Elfin Grahams (1 oz.) Milk Choice (8 oz.)	Cheese Cubes (1 oz) Giant Goldfish Graham (.9 oz) Water (12 oz)	Crunchy Baked Cheetos (.875 oz) Capri Sun – Berry Breeze (6 oz.)
23	24	25	26	27
Sun Chip Snack Mix (1 oz.) Juicy Juice –Strawberry Kiwi (6 oz.)	Cheese Cubes (1 oz.) Giant Goldfish Graham (.9 oz.) Water (12 oz)	Yogurt Crushables (4 oz) Juicy Juice – Orange Tangerine (6 oz)	Cinnamon Chex (1 oz) Milk Choice (8 oz.)	Pretzel Goldfish (.75 oz.) Juicy Juice – Grape (6 oz.)
30	1	2	3	4
WG Cool Ranch Doritos (.75 oz.) Capri Sun – Apple Splash (6 oz.)	Banana Muffin (2 oz.) Milk Choice (8 oz.)	Bunny Graham Snacks (1.25 oz.) Juicy Juice-Grape (6 oz.)	Tortilla Chips (1 oz.)/ Salsa Cup (1.5 oz.) Apple Juice (4 oz.)	Goldfish Cheddar Snack Mix (.75 oz.) Water (12 oz.)
Milk Choice: 8 oz. Unflavored 1% or 8 oz. Fat-Free Chocolate.				

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