

**EVSC ELEMENTARY, K-6, K-8 MENU 2018-19**  
**NOVEMBER, 2018**

REVISED 10/16/18

	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
				Pepperoni Pizza Ham & Cheese Wrap Potato Smiles Veggies w/Dip Fresh Fruit	Asian Chicken/Rice Burrito/Salsa Sweet Potato Fries Garden Peas Chilled Pineapple
5	BBQ Pulled Pork Sandwich Seasoned Potato Wedges Cauliflower w/Cheese Mandarin Oranges	6 Breakfast for Lunch Mini Cinnis/ Sausage Patties Breakfast Sandwich Tater Tots Mini Carrots/Dip Applesauce	7 Chicken Bites (Roll-Gr. 6-8 ONLY) Mashed Potatoes w/Gravy Edamame Succotash Fresh Fruit	8 Cheese Pizza Crispy Chicken Salad/ CROUTONS Golden Corn Mixed Green Salad/Dressing Chilled Peaches	9 Walking Taco Chicken & Cheese Quesadilla /Chips/Salsa Fiesta Black Beans Shredded Lettuce & Tomato Salad/Dressing Mixed Fruit Salad
12		13 Chicken Alfredo/Breadstick Turkey & Cheese on Bun Golden Corn Roasted Brussel Sprouts Chilled Peaches Jonny Pops	14 Pepperoni Pizza Turkey & Cheese Wrap Colossal Crinkle Potatoes Mini Carrots w/ Dip Fresh Fruit	15 <b>Thanksgiving Meal</b> Thanksgiving Turkey & Dressing Roll PB&J Graham Slam / Yogurt Mashed Potatoes w/ Gravy Seasoned Green Beans Mixed Fruit Salad	16 Ravioli / Biscuit Pepperoni & Cheese Bites Mixed Green Salad/Dressing Veggies w/Dip Frozen Juice Cup
<b>NO SCHOOL Veteran's Day</b>					
19	Corn Dog Tater Tots Broccoli w/Cheese Sauce Mandarin Oranges	20 Sack Attack Ham & Cheese on Bun Uncrustable/String Cheese Chips Dragon Punch Fresh Fruit	21	22	23
<b>NO SCHOOL Thanksgiving Break</b>					
26	Chicken Patty Sandwich Colossal Crinkle Potatoes BBQ Baked Beans Frozen Juice Cup	27 TRY IT TUESDAY Pasta w/ Marinara/Max Stick Ham & Cheese on Bun Mixed Green Salad / Dressing Golden Corn Chilled Pears <b>*Roasted Sweet Potatoes</b>	28 Mini Corn Dogs Mashed Potatoes/Gravy Steamed Broccoli Berry Fruit Salad	29 Cheese Pizza Ham & Cheese Wrap Potato Smiles Veggies w/Dip Fresh Fruit	30 Mandarin Orange Chicken/Rice Burrito/Salsa Sweet Potato Fries Garden Peas Chilled Pineapple

Note: Additional Choice every MONDAY: Peanut Butter & Jelly Sandwich (k-5); Peanut Butter & Jelly Sandwich/Cheese Stick (Grades 6-8)  
 Additional Choice every WEDNESDAY: Yogurt/Peanut Butter Graham Bar  
 A choice of 8oz. Fat-Free Chocolate or 8 oz. 1% unflavored milk is offered daily.

**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."**

**EVSC "GRAB 'N GO" BREAKFAST MENU – 2018-19  
NOVEMBER, 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Wrap (1) And/Or Cereal Choice (1) *Fruit Choice	2 Banana Bread Slice (1) *Fruit Choice
5 Pop Tart(1) – Brown Sugar Cinnamon (1) And/Or Cereal Choice (1) *Fruit Choice	6 Blueberry Pancake & Sausage on a Stick (1) *Fruit Choice	7 Mini Cinnis (1 Pkg.) *Fruit Choice	8 Mini Chocolate Chip French Toast Bites (1 Pkg.) *Fruit Choice	9 Breakfast Wrap (1) And/Or Cereal Choice (1) *Fruit Choice
12	13	14	15	16
<b>NO SCHOOL Veteran's Day</b>				
19 Breakfast Bites (1 Pkg.) And/Or Cereal Choice (1) *Fruit Choice	20 Goody Ring (1) *Fruit Choice	21 Mini Blueberry Pancakes (1 Pkg.) *Fruit Choice	22 Breakfast Bar – Oatmeal Chocolate Chip (1) *Fruit Choice	23 Blueberry Muffin (2oz.) And/Or Cereal Choice (1) *Fruit Choice
26	27	28	29	30
Pop Tart(1) – Strawberry(1) And/Or Cereal Choice (1) *Fruit Choice	Wildberry Bread Slice (1) *Fruit Choice	Mini Cinnis (1 Pkg.) *Fruit Choice	Yogurt (4oz.) w/ Granola Or Giant Goldfish Graham (1 Pkg.) *Fruit Choice	Crunchmania (1pkg) *Fruit Choice

\*A daily fruit choice of ½ C chilled or fresh fruit OR ¼ C Dried Fruit is offered in addition to a daily choice of 4 oz. 100% Apple or Orange Juice.  
A choice of 8 oz. Fat-free Chocolate or 8 oz. 1% unflavored milk is offered daily.

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